



Littleton Contemporary Dance Center is excited to announce our official sponsorship of a Junior and Secondary Chapter in the National Honor Society for Dance Arts! The National Honor Society for Dance Arts (NHSDA) is a program dedicated to recognizing dance students for their outstanding artistic merit, leadership, and academic achievement in the field of dance. NHSDA also strives to foster an appreciation for dance as a true art form, worthy of recognition and prestige.

The goals of NHSDA are to promote a desire for life-long learning in the field of dance and to encourage an understanding of, and an appreciation for, dance as an art form and develop knowledgeable audiences for tomorrow.

— Why should you join? —————→

Recognition of Achievement: Membership in the NHSDA is a prestigious honor that recognizes your hard work, dedication, and exceptional dance skills. It's a testament to your commitment to the art of dance. Inductees will be presented at the annual LCDC Spring Performance.

Sense of Belonging: Joining our chapter can provide a strong sense of belonging and community among fellow dancers.

Networking Opportunities: Joining the NHSDA connects you with like-minded dancers from across the country. You'll have the chance to network with peers, share experiences, and learn from each other.

Scholarship Opportunities: Potential scholarship opportunities are available through NHSDA to help you pursue your dance education further.

Community Service: The LCDC chapter members will participate in community service projects related to dance or the arts. This is a great way to give back to our community and make a difference.

Responsibility and Accountability: Being a member will develop the dancer's organizational skills. They have the responsibility of tracking and maintaining their membership status. This requires efficiency, time management, planning, coordination, problem-solving, attention to detail, a methodical and systematic approach, and diligence.

Apply Here!

We will be hosting an Informational Meeting on Thursday October 24th at LCDC at 7:00pm!

RSVP by emailing us at officeassistantlcdc@gmail.com

Junior Chapter

Grades 6th-8th

Eligibility Criteria for Student Induction

Induction into the NHSDA Junior Program is earned through the accumulation of at least 15 points earned for dance activities such as dance classes, rehearsals, performances, research, workshops, or community service activities. At least 10 points must be earned directly through LCDC. Students have all three years of middle school to receive their 15 points towards induction. Points are retroactive, meaning students can count points they would have received in previous school years if they join their 7th or 8th grade year.

Students are required to maintain a minimum GPA of 3.5. Students must submit every report card received from their school. The Chapter Sponsor will calculate their cumulative GPA based on the grades from the entire school year.

In addition, the prospective student's demonstration of collaborative teamwork, determination, positivity, and leadership in the many aspects of dance are factors in the determination of eligibility for induction. The students participation in NHSDA Member Events will also be taken into consideration.

Requirements Post-Induction

If a student earns enough points during their 6th grade year for induction, they must continue to earn points through 7th and 8th grade in order to maintain their membership. NHSDA Junior Chapter Members must earn a minimum of 5 points per school year and participate in the NHSDA Member Events. Students must be actively taking dance classes at Littleton Contemporary Dance Center in order to achieve induction and maintain their membership.

Graduate with Honors

If a student is interested in graduating with honors, they must earn an additional 10 points during their 8th grade year. These 10 points must be earned on top of the 15 points required for induction.

Secondary Chapter

Grades 9th-12th

Eligibility Criteria for Student Induction

Induction into the NHSDA Secondary Program is earned through the accumulation of at least 30 points earned for dance activities such as dance classes, rehearsals, performances, research, workshops, or community service activities. At least 20 points must be earned directly through LCDC. Students have all four years of high school to receive their 30 points towards induction. Points earned in the Junior Chapter do not rollover into the Secondary Chapter. Points are retroactive, meaning students can count points they would have received in previous school years if they join their 10th, 11th, or 12th grade year.

Students are required to maintain a minimum GPA of 3.5. Students must submit every report card received from their school. The Chapter Sponsor will calculate their cumulative GPA based on the grades from the entire school year.

In addition, the prospective student's demonstration of collaborative teamwork, dedication, positivity, and leadership in the many aspects of dance are factors in the determination of eligibility for induction. The student's participation in NHSDA Member Events will also be taken into consideration.

Requirements Post-Induction

If a student earns enough points during their 9th grade year for induction, they must continue to earn points through 10th, 11th, and 12th grade in order to maintain their membership. NHSDA Secondary Chapter Members must earn a minimum of 10 points per school year and participate in the NHSDA Member Events. Students must be actively taking dance classes at Littleton Contemporary Dance Center in order to achieve induction and maintain their membership.

Graduate with Honors

If a student is interested in graduating with honors, they must earn an additional 15 points during their 12th grade school year. These 15 points must be earned on top of the 30 points required for induction.

Graduating Seniors

Graduating Seniors in High School that have been inducted into the NHSDA have the option to purchase Graduation Cords. You must get approval from your high school before purchasing the cords. If you would like to purchase Graduation Cords, you must let LCDC know at least 1.5 months before the student's graduation date to ensure your dancer will receive them before graduation.

Tracking your Points

Students are required to keep track of their own points. Each month, the student must fill out the point tracking Google Sheets form. Each year will run from May 1st through April 30th. The Chapter Sponsor will check each student's point tracking sheets every month to ensure points were properly added and accounted for.

— How do I earn points? —————→

Students earn points by participating in any dance related activity or event. Weekly classes, performances, LCDC Programs, such as Corps and Company, earn students points. At least 10 points for the Junior Level and 20 points for the Secondary level must be earned through LCDC.

Students can also earn points outside of LCDC by attending professional performances, writing papers for school, completing online activities on the NDEO website, and participating in other dance activities, such as a High School Poms Team and summer intensives. For points earned outside of LCDC activities, verification of points earned should be provided to LCDC through playbills, registration forms, photos, or other agreed-upon methods.

— How do I track my points? —————→

Students will fill out the provided Google Sheets Document each month. An NHSDA Points Breakdown Sheet will be attached to each student's Point Tracking Sheets for easy reference when documenting their points. An example of a student participating in weekly classes, the Corps program, and the LCDC Company is attached below.

****Points are retroactive. This means that if a 7th grader becomes a member now, they can count points they would have received in 6th grade. The Chapter Sponsor must approve of all points.***

Student Point Tracking Example

National Honor Society for Dance Arts - Student Point Tracking Worksheet			
Student Name: _____		Student Example _____	
Month: _____		September _____	
Participation Category	Brief Description	Date(s) of Activity	Points Earned
Participation in Chapter Dance Program	Weekly Classes (Ballet 3 Tuesday, Ballet/Prepointe 3 Wednesday, Company 1)=3.25 hours	September 2nd-8th	0.065
Participation in Chapter Dance Program	Weekly Classes (Ballet 3 Tuesday, Ballet/Prepointe 3 Wednesday, Company 1)=3.25 hours	September 9th-15th	0.065
Participation in Chapter Dance Program	Weekly Classes (Ballet 3 Tuesday, Ballet/Prepointe 3 Wednesday, Company 1)=3.25 hours	September 16th-22nd	0.065
Participation in Chapter Dance Program	Weekly Classes (Ballet 3 Tuesday, Ballet/Prepointe 3 Wednesday, Company 1)=3.25 hours	September 23rd-30th	0.065
Participation in Chapter Dance Program	Nutcracker Rehearsal Special Role=1 hour	September 21	0.02
Custom School Points: LCDC Company	Photoshoot	September 14th	0.5
Custom School Points: LCDC Corp Teacher Mentorship Program	Weekly Corp Classes (Jazz 1 Thursday)=0.75 hours	September 2nd-8th	0.015
Custom School Points: LCDC Corp Teacher Mentorship Program	Weekly Corp Classes (Jazz 1 Thursday)=0.75 hours	September 9th-15th	0.015
Custom School Points: LCDC Corp Teacher Mentorship Program	Weekly Corp Classes (Jazz 1 Thursday)=0.75 hours	September 16th-22nd	0.015
Custom School Points: LCDC Corp Teacher Mentorship Program	Weekly Corp Classes (Jazz 1 Thursday)=0.75 hours	September 23rd-30th	0.015
Total Points:			0.84

NHSDA Member Events

NHSDA members at LCDC are required to participate in an annual Reflection day, 1 Community Service Event per school year, and 1 Community Bonding Event per school year. While only 3 total events are required, we encourage your dancer to participate in more! Students must note on the points tracking google sheet when and which events they participated in. These events do not earn students points.

Required Reflection Day

Reflection Day (February 8th 1:00-3:00pm) - NHSDA Students will come together to journal about their successes and hardships they have experienced so far this year. Students will share something that inspires them, and create a Vision Board meant to inspire themselves and others to keep working hard.

Community Service Events

Toys for Tots (October-December 15th) - Toy Drive

Dance A Difference Week (March 2nd-8th, 2025) - Service Project TBD

Community Bonding Events

Women's Appreciation Month (March 3rd-8th) - NHSDA Members will hand-write notes of appreciation to hand out to all the women that enter LCDC.

Teacher Appreciation Week (May 5th-May 11th 2025) - NHSDA Members organize a mini event/activity to recognize LCDC Teachers.

Mother's Day Flowers (May 5th-May 11th 2025) - NHSDA Members hand out roses to Mothers, Grandmothers, Aunts, etc. as they enter LCDC.

NHSDA Day of Recognition (June 2025) - NHSDA make a short dance video for they LCDC Social Media Pages congratulating and recognizing graduating seniors that have been inducted into NHSDA.

Induction Ceremony

The LCDC Induction Ceremony will take place every year during our Spring Performance. Students will be recognized on stage and presented with their official NHSDA Certificate and Induction Pin. Members inducted in previous years will also be recognized.

Cost of Membership

Pre-Induction Costs	\$15/month	This is for the year(s) they are working towards earning the 15/30 points to be inducted.
Retroactive Year Costs	\$50/year	If a student would like to add previous school year activities to their total points, the cost is \$50/school year.
Induction Cost	\$8 plus taxes and fees	This covers the cost of their official certificate.
Post-Induction Costs	\$50/year	After your student is inducted as a member of NHSDA, they must maintain their membership status.

Optional Costs

Gold Induction Pin: \$8.50 plus shipping and taxes
High School Graduation Cords: \$17.50 plus shipping and taxes
Graduate with Honors for 8th and 12th graders (includes a certificate and medallion): \$22.50 plus shipping and taxes

Apply [Here!](#)

Questions?

Attend the NHSDA Informational Meeting on Thursday October 24th at LCDC at 7:00pm!

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